

# <span id="page-0-0"></span>TC2: Optimization for Machine Learning

# Master of Science in AI and Master of Science in Data Science @ UPSaclay 2024/2025.

FAÏCEL CHAMROUKHI







week 3 : November 21, 2024.

## Continuous Optimization ; Gradient Descent

# Maths concepts for the descent methods



## Continuing the ingredients of (gradient) descent methods

A tour of the following aspects :

- **Intuition behind descent methods**
- Gradient and link to minimization
- **Descent Directions**
- **Descent and Gradient**
- Steepest/Fastest Descent
- Convergence aspects
- Convergence rates

## ■ Line Search

### Taylor's Theorem (Lagrange Form)



### Motivation of Taylor Expansion

- $\blacksquare$  How to minimize a function f if we don't know much about its structure ?
- Assuming the function can be approximated by its derivatives around a point, which simplifies the problem.
- The trick is to approximate it by polynomials by using Taylor's approximation, which allows us to locally approximate the function.

### Taylor's Theorem :

- **Example 1** Let *k* be a natural number,  $x_0 \in \mathbb{R}$ , and *f* a function that is *k*-times continuously differentiable on an interval  $[x_0, x]$
- **Then there exists some**  $\xi$  **between**  $x_0$  **and**  $x$  **such that :**

$$
f(x) = f(x_0) + f'(x_0)(x-x_0) + \frac{f''(x_0)}{2!}(x-x_0)^2 + \dots + \frac{f^{(k)}(\xi)}{k!}(x-x_0)^k.
$$

**Implication :** Taylor's theorem allows us to approximate  $f(x)$  around  $x_0$ with increasingly accurate terms based on the derivatives at  $x_0$ .

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### Taylor Expansion for Functions on R*<sup>n</sup>*



### Taylor Approximation for  $f : \mathbb{R}^n \to \mathbb{R}$ :

If *f* is continuously twice differentiable, then for any  $x, x_0 \in \mathbb{R}^n$ , we have :

$$
f(x) = f(x_0) + \nabla f(x_0)^T (x - x_0) + \frac{1}{2} (x - x_0)^T \nabla^2 f(x_0) (x - x_0) + R_3(x),
$$

where  $R_3(x)$  is the remainder term :

$$
R_3(x) = O(||x - x_0||^3)
$$
 which vanishes as  $x \to x_0$ .

- **Explicitly, if f is three-times differentiable,**  $R_3(x)$  **can be expressed** 
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■ Explicitly, if  $f$  is three-times differentiable,  $R_3(x)$  can be expressed as :  $R_3(x) = \frac{1}{6}(x - x_0)^T \nabla^3 f(\xi)[x - x_0, x - x_0]$ , where  $\nabla^3 f(\xi)$  is the third-order tensor of partial derivatives evaluated at some  $\xi$  between  $x$ and  $x_0$ .

 $\nabla^3 f(\xi)[x - x_0, x - x_0]$ : Multilinear application of the 3d-order derivative tensor.

### Using Taylor Expansion for Approximation



### **Taylor Approximation for**  $f : \mathbb{R}^n \to \mathbb{R}$ :

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f(x) \approx f(x_0) + \nabla f(x_0)^T (x - x_0)
$$
 (first-order approximation)

or

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- Here,  $\nabla f(x_0)$  is the gradient of *f* at  $x_0$ , and  $\nabla^2 f(\xi)$  is the Hessian matrix
- **Comparison :** The second-order approximation is more accurate but also more computationally expensive (includes the Hessian), requiring *f* to be twice differentiable
- Both approximations are valid if  $||x x_0||$  is small.

**Higher-Order Approximation :** If  $f$  is continuously thrice differentiable, an additional error term can be expressed as  $O(\|x-x_0\|^3)$ .

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### Example of First-Order Taylor Approximation



# **Example :** What is the of first-order Taylor approximation of  $f(x) = x^2 + 3x$  around  $x_0 = 1$ .

Compute  $f(1)$ ,  $f'(1)$ , and apply the first-order Taylor approximation.

$$
f(1) = 1^2 + 3 \times 1 = 4.
$$

$$
f'(x) = 2x + 3
$$
, so  $f'(1) = 2 \times 1 + 3 = 5$ .

**First-order Taylor approximation around**  $x_0 = 1$ **:** 

$$
f(x) \approx f(1) + f'(1) \cdot (x - 1) = 4 + 5(x - 1).
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**This linear approximation provides a close estimate of**  $f(x)$  **near**  $x = 1$ , which we can use to analyze the behavior of  $f(x)$ .

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# Descent Directions



Continuing the preparation of the ingredients of the gradient descent algorithm

## Definition (Descent Direction) :

- The concept of descent direction allows us to identify directions *d* in which the function *f* decreases locally.
- **Example 1** Let *x* be a point in the domain of f such that  $\nabla f(x) \neq 0$ , meaning *x* is not a critical point of *f*.
- A descent direction for *f* at *x* is a nonzero vector  $d \in \mathbb{R}^n$  such that there exists  $\bar{\alpha} > 0$  with the property :

$$
f(x + \alpha d) < f(x) \quad \text{for all } \alpha, \ 0 < \alpha < \bar{\alpha}.
$$

Means *f* strictly decreases along the half-line  $\{x + \alpha d : \alpha > 0\}$  for sufficiently small step sizes  $\alpha > 0$ .

# Descent Directions





# Conditions for a Descent Direction



**Lemma**: Let *x* be a noncritical point of *f* (ie. $\nabla f(x) \neq 0$ ), and  $d \in \mathbb{R}^n$  a nonzero vector. If  $\nabla f(x)^T d < 0$ , then *d* is a descent direction for *f* at *x*.

- **Interpretation** :  $\nabla f(x)^T d \leq 0$  means *d* forms an obtuse angle with the gradient  $\nabla f(x)$ ),  $\implies$  A vector *d* that forms an obtuse angle with the gradient  $\nabla f(x)$  ensures *f* decreases along *d*.
- $\blacksquare$  Conversely, if *d* is a descent direction for *f* at *x*, then  $\nabla f(x)^T d \leq 0$ .



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**Implication of Descent Directions**: choosing *d* in a direction opposite to  $\nabla f(x)$  guarantees descent. (proof for the opposite case to lead to the steepest descent will be proved later) F. Chamroukhi [TC2: Optimization for Machine Learning:\(](#page-0-0)In progress) 11/45

# graphic illustration of descent directions



**Interpretation** :  $\nabla f(x)^T d \leq 0$  : A vector *d* that forms an obtuse angle with the gradient  $\nabla f(x)$  ensures *f* decreases along *d*.



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### proof



### Proof of the lemma :

 $\blacksquare$  Since *f* is differentiable, then by first-order Taylor expansion's theorem we can approximate  $f(x + \alpha d)$  for small  $\alpha > 0$  as :

$$
f(\alpha d + x) = f(x) + \alpha \nabla f(x)^T d + o(\alpha),
$$

where  $o(\alpha)$  represents higher-order terms that vanish as  $\alpha \to 0$ . If  $\nabla f(x)^T d < 0$ , then for small  $\alpha > 0$ , the term  $\alpha \nabla f(x)^T d$  is negative, implying  $f(x + \alpha d) < f(x)$ .

■ Therefore, *d* is a descent direction for *f* at *x*.

# The Steepest-Descent Direction



what is the best (fastest) descent we can achieve ?  $\hookrightarrow$  We saw that :

by first-order Taylor approximation we have :

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f(\alpha d + x) = f(x) + \alpha \nabla f(x)^T d + o(\alpha),
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 $f(x + \alpha d) \approx f(x) + \alpha \nabla f(x)^T d$  for small  $\alpha > 0$ ,

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 $\blacksquare \hookrightarrow$  to achieve the maximum decrease in  $f(x)$  for a small  $\alpha > 0$ , we should **minimize**  $\nabla f(x)^T d$  over all directions  $d \in \mathbb{R}^n$  with  $||d|| = 1$ .

Derivation :

 $\vec{v}$   $\nabla f(x)^T d = ||\nabla f(x)|| ||d|| \cos(\theta)$ , where  $\theta$  is the angle between  $\nabla f(x)$  and *d* 

■ The minimum occurs when  $cos(\theta) = -1$ . This indicates that the two vectors  $\nabla f(x)$  and *d* are pointing in exactly opposite directions.

Thus, we choose  $\nabla f(x)^T d = -\|\nabla f(x)\| \|d\|$ , which leads to  $d = \frac{-\nabla f(x)}{\|\nabla f(x)\| \|d\|}$ .

**The (unnormalized) direction**  $d = -\nabla f(x)$  (anti-gradient) is called the steepest-descent direction of *f* at *x*, as it yields the greatest decrease in *f*

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$$
  
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$$
  
\n
$$
d = -\frac{\nabla f(x)}{\|\nabla f(x)\| \|d\|}
$$



### Key Idea :

Thes ingredients form the basis idea of descent methods in optimization : take iterative steps in descent directions to reduce the value of *f* and guide the search towards a minimum.

# Descent Methods in Optimization



To minimize a differentiable function  $f$ , The **Gradient Descent** algorithm operates the folliwng sequence of iterates :

- **Initialization :** Start with an initial point  $x^{(0)}$ .
- **Iteration :** For  $k = 1, 2, \ldots$ :

$$
x^{(k+1)} = x^{(k)} + \alpha^{(k)} d^{(k)},
$$

 $I \bullet d^{(k)} = -\nabla f(x^{(k)})$ : the descent direction (negative gradient).  $\triangleright$   $\alpha^{(k)}$ : the step size (learning rate).

until a stopping criterion is reached.

Why it works : By moving in the direction opposite to the gradient, the algorithm ensures *f* decreases at each step for a properly chosen step size  $\alpha^{(k)}$ .

### Convergence of Descent Methods



Does this converge ?

Theorem : Convergence to a Critical Point

- Let *f* satisfy smoothness and convexity conditions (detailed later)
- $\blacksquare$  Let  $d_k$  satisfy the condition of a descent direction (i.e., the angle between the gradient  $\nabla f(x_k)$  and and  $d_k$  is an obtuse angle (between 90 and 180 degrees, or equivalently, the angle  $\theta_k$  between the anti-gradient  $-\nabla f(x_k)$ and *d<sup>k</sup>* is positive and less than 90 degrees), so that we ensure we are indeed moving in a decreasing direction.
- Let  $\{x_k\}_{k=0}^\infty$  be the sequence of vectors generated by a descent method :

$$
x_{k+1} = x_k + \alpha_k d_k,
$$

where the step size  $\alpha_k$  is properly chosen (a critical question!) (eg., by line search, like the Armijo rule its parameters  $s$  (initial step size),  $\beta$  (reduction factor), and  $\sigma$  (sufficient decrease condition)). [Will be seen later]

If the sequence  $\{x_k\}_{k=0}^{\infty}$  has a limit point  $x^* = \lim_{i \to \infty} x_{k_i}$ , then  $x^*$  is a critical point of *f*, i.e.,  $\nabla f(x^*)=0$ .

#### Proof of Convergence to a Critical Point



### Assumptions :

- $x^* = \lim_{i \to \infty} x_{k_i}$  is a limit point of the sequence  $\{x_k\}_{k=0}^{\infty}$ .
- By definition of a limit point, the subsequence  $\{x_{k_i}\}$  converges to  $x^*$ , i.e.,  $x_{k_i} \rightarrow x^*$  as  $i \rightarrow \infty$ .

Since :

 $\blacksquare$  *d*<sub>*k*</sub> is a descent direction, ensuring  $f(x_k)$  decreases at each step unless  $\nabla f(x_k)=0.$ 

This implies that near a limit point  $x^*$ , gradient  $\nabla f(x_k)$  must approach 0.

By continuity of the gradient  $\nabla f(x)$ , as  $x_k \to x^*$ , the gradient satisfies :

$$
\nabla f(x^*) = \lim_{k \to \infty} \nabla f(x_k) = 0.
$$

#### Then :

- The sequence  $\{x_k\}$  converges to  $x^*$ , and at  $x^*$ , we have  $\nabla f(x^*)=0$ .
- Therefore,  $x^*$  is a critical point of f, as required.



## Convergence Rates

Essentials (convexity, Smoothness, ..) for analyzing convergence rates of optimization algorithms.

# Definition of a Convex Function



### Definition (Convex Function) :

A differentiable function  $f : \mathbb{R}^d \to \mathbb{R}$  is said to be **convex** iff  $\forall x, \theta \in \mathbb{R}^d$ ,

$$
f(x) \ge f(\theta) + \nabla f(\theta)^{\top} (x - \theta).
$$

The inequality implies that *f* is always above its linear approximation at  $\theta$ .



**E** Consequence : This implies :  $f(\theta) - f(x) \leq \nabla f(\theta)^\top (\theta - x)$ ,  $\forall x, \theta \in \mathbb{R}^d$ .



### Consequence for Optimization :

 $\blacksquare$  A key property we will use frequently in the analysis of GD and SGD is :

$$
f(x^*) \ge f(\theta) + \nabla f(\theta)^\top (x^* - \theta),
$$

which implies :

$$
f(\theta) - f(x^*) \le \nabla f(\theta)^\top (\theta - x^*),
$$

for all  $\theta \in \mathbb{R}^d$ , where  $x^*$  is the minimizer of f.

 $\rightarrow$  an upper bound for the function value gap at any point

# Definition of Strong Convexity



### Definition (Strong Convexity) :

A differentiable function  $f : \mathbb{R}^d \to \mathbb{R}$  is said to be  $\mu$ -strongly convex if there exists a constant  $\mu > 0$  such that for all  $x, \theta \in \mathbb{R}^d$ ,

$$
f(x) \ge f(\theta) + \nabla f(\theta)^{\top} (x - \theta) + \frac{\mu}{2} ||x - \theta||^2.
$$



- Strong convexity ensures that  $f(x)$  is "curved" everywhere, and  $\mu$  quantifies the lower bound on this curvature.
- Gonsequence in Optimization : At a critical point, (by taking  $\theta = x^*$ ), Strong convexity implies :

$$
f(x) - f(x^*) \ge \frac{\mu}{2} \|x - x^*\|^2.
$$
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# **Smoothness**



### Definition (*L*-Smoothness) :

A differentiable function  $f : \mathbb{R}^d \to \mathbb{R}$  is said to be *L*-smooth  $(L > 0)$  if and only if :

$$
f(x) \le f(\theta) + \nabla(\theta)^T (x - \theta) + \frac{L}{2} ||\theta - x||^2, \quad \forall \theta, x \in \mathbb{R}^d.
$$
  

$$
(f(x) - f(\theta) - \nabla(\theta)^T (x - \theta)) \le \frac{L}{2} ||\theta - x||^2, \quad \forall \theta, x \in \mathbb{R}^d.
$$



■ This is equivalent to Smoothness (Lipschitz Continuity of Gradient) :

- $\triangleright$  A function *f* is *L*-smooth if its gradient is *L*-Lipschitz continuous, i.e.,  $\|\nabla f(x) - \nabla f(y)\| \le L \|x - y\|$  for all  $x, y \in \mathbb{R}^d$ .
- $\rightarrow$  This means the gradient of  $f(x)$  cannot change arbitrarily fast, and *L* represents the upper bound on this rate of change.<br>F. CHAMBOUKHI TC2: Optimization for Machine Learning

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For a twice differentiable function  $f : \mathbb{R}^d \to \mathbb{R}$ , convexity, strong convexity and smoothness can be expressed in terms of the Hessian matrix  $\nabla^2 f(x)$ 

**Equivalent Condition for Convexity :** convexity is equivalent to requiring :

 $\nabla^2 f(x) \succeq 0$ ,  $\forall x \in \mathbb{R}^d$ .

all the eigenvalues of the Hessian of *f* positive

Eq. Condition for Strong Convexity :  $f$  is  $\mu$ -strongly convex iff : m.

 $\nabla^2 f(x) \succeq \mu I$ ,  $\forall x \in \mathbb{R}^d$ .

all the eigenvalues of the Hessian of *f* are larger than *µ*

■ Equivalent Condition for Smoothness : L-smoothness is equivalent to :

 $-LI \preceq \nabla^2 f(x) \preceq LI, \quad \forall x \in \mathbb{R}^d.$ 

all the eigenvalues of the Hessian of*f* are at most equal to *L*

Equivalent Condition for Strong Convexity and Smoothness : *f* is *µ*-strongly convex and *L*-smooth is equivalent to :

$$
\mu I \preceq \nabla^2 f(x) \preceq L I, \quad \forall x \in \mathbb{R}^d.
$$



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■ Equivalent Condition for Smoothness : L-smoothness is equivalent to :

$$
-LI \preceq \nabla^2 f(x) \preceq LI, \quad \forall x \in \mathbb{R}^d.
$$

all the eigenvalues of the Hessian of*f* are at most equal to *L*

Equivalent Condition for Strong Convexity and Smoothness : *f* is *µ*-strongly convex and *L*-smooth is equivalent to :

$$
\mu I \preceq \nabla^2 f(x) \preceq L I, \quad \forall x \in \mathbb{R}^d.
$$



For a twice differentiable function  $f : \mathbb{R}^d \to \mathbb{R}$ , convexity, strong convexity and smoothness can be expressed in terms of the Hessian matrix  $\nabla^2 f(x)$ 

**Equivalent Condition for Convexity :** convexity is equivalent to requiring :

 $\nabla^2 f(x) \succeq 0$ ,  $\forall x \in \mathbb{R}^d$ .

all the eigenvalues of the Hessian of *f* positive

**Eq. Condition for Strong Convexity :**  $f$  is  $\mu$ -strongly convex iff :

 $\nabla^2 f(x) \succeq \mu I$ ,  $\forall x \in \mathbb{R}^d$ .

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#### Condition Number for Smooth and Strongly Convex Functions



The condition Number  $\kappa$  measures how "well-conditioned" the optimization pblm is :

When a function  $f : \mathbb{R}^n \to \mathbb{R}$  is both *L*-smooth and  $\mu$ -strongly convex, we define its condition number  $\kappa$  as :

$$
\kappa = \frac{L}{\mu} \ge 1,
$$

where  $L$  is the smoothness constant and  $\mu$  is the strong convexity constant.

- $\blacksquare$  *µ* : Describes the **minimum curvature** (strong convexity of  $f(x)$ ).  $\mu$ : Ensures  $f(x)$  is not too "flat" (sufficient curvature everywhere).
- $\blacksquare$  *L* : Describes the maximum curvature (smoothness of  $f(x)$ ).
	- $L$ : Prevents  $f(x)$  from being too "steep" (gradient does not grow arbitrarily fast).
- Since  $\mu$  is the sharpest lower bound on curvature and  $L$  is the broadest upper bound, then  $L \ge \mu \implies \kappa = \frac{L}{\mu} \ge 1$ . The ratio  $\frac{L}{\mu}$  measures the disparity between the "steepest" and "flattest" directions
- **Perfect Case :** When  $L = \mu$  : The function is perfectly conditioned ( $\kappa = 1$ , e.g., quadratic with spherical level sets).
- **Notable 1** When  $L \gg \mu : \kappa \gg 1$ , indicating worse conditioning.

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FIGURE – Level sets (Contours) : small  $\kappa$  vs large  $\kappa$ 

**Level Set Definition :** Given a function  $f : \mathbb{R}^n \to \mathbb{R}$ , the *level set* of *f* corresponding to a scalar  $c \in \mathbb{R}$  is the set of all points  $x \in \mathbb{R}^n$  such that :  $\mathcal{L}_c = \{x \in \mathbb{R}^n \mid f(x) = c\}.$ 



## Condition Number  $\kappa$  and Gradient Descent :

- The performance of gradient descent is influenced by the condition number  $\kappa = \frac{L}{\mu}$ .
- A small condition number  $\kappa \approx 1$  (function with level sets that are nearly circular), results in fast convergence.
- A large condition number  $\kappa \gg 1$  leads to slow convergence and oscillations (zigzag).



FIGURE – small  $\kappa$ : fast convergence, vs large  $\kappa$  oscillations



Convergence Rates



Theorem (Convergence Rate of Gradient Descent for *µ*-Strongly Convex and *L*-Smooth Functions) :

- Assume *f* is *L*-smooth and *µ*-strongly convex.
- For gradient descent with a fixed step size  $\alpha_k = \frac{1}{L}$ , the iterates  $(x_k)_{k>0}$  satisfy :

$$
f(x_t) - f(x^*) \le \exp\left(-\frac{k\mu}{L}\right) \left(f(x_0) - f(x^*)\right),
$$

where :

- $\triangleright$   $x^*$  is the minimizer of f,
- $\blacktriangleright$   $\frac{\mu}{L}$  determines the rate of convergence and depends on the condition number  $\kappa = \frac{L}{\mu}$ .
- Gradient descent therefore achieves exponential (linear in log-scale) convergence rate for strongly convex functions.

#### Proof I



- **1** Gradient Descent Update Rule :  $x_{k+1} = x_k \alpha_k \nabla f(x_k)$ .
- 2 Substituting  $\alpha_k = \frac{1}{L}$  :  $x_{k+1} = x_k \frac{1}{L}\nabla f(x_k)$ .
- **3 Strong Convexity Inequality** : For  $\mu$ -strongly convex  $f$ , we have :

$$
f(x) \ge f(y) + \nabla f(y)^{T} (x - y) + \frac{\mu}{2} ||x - y||^{2}.
$$

Substituting  $y = x^*$ , where  $\nabla f(x^*) = 0$ , gives :

$$
f(x_k) - f(x^*) \le -\nabla f(x_k)^T (x_k - x^*) - \frac{\mu}{2} ||x_k - x^*||^2.
$$

Proof II



### <sup>4</sup> Smoothness Inequality : For *L*-smooth *f* :

$$
f(x_{k+1}) \leq f(x_k) + \nabla f(x_k)^T (x_{k+1} - x_k) + \frac{L}{2} ||x_{k+1} - x_k||^2,
$$
  
\nUsing  $x_{k+1} - x_k = -\frac{1}{L} \nabla f(x_k)$ , gives  
\n
$$
f(x_{k+1}) \leq f(x_k) - \frac{1}{L} ||\nabla f(x_k)||^2 + \frac{1}{2L} ||\nabla f(x_k)||^2 = f(x_k) - \frac{1}{2L} ||\nabla f(x_k)||^2
$$
  
\n
$$
f(x_{k+1}) \leq f(x_k) - \frac{1}{2L} ||\nabla f(x_k)||^2. \quad \text{NB}
$$

**6 Combining Inequalities : From strong convexity (see proof separataley) :** 

$$
\|\nabla f(x_k)\|^2 \ge 2\mu \left(f(x_k) - f(x^*)\right).
$$
 NB

Substituting into the smoothness inequality :

$$
f(x_{k+1}) - f(x^*) \le (f(x_k) - f(x^*)) - \frac{1}{2L} 2\mu (f(x_k) - f(x^*)).
$$

#### Proof III



Simplifying :

$$
f(x_{k+1}) - f(x^*) \leq \left(1 - \frac{\mu}{L}\right) \left(f(x_k) - f(x^*)\right).
$$

**6 Exponential Convergence :** By induction (simple) :

$$
f(x_k) - f(x^*) \leq \left(1 - \frac{\mu}{L}\right)^k (f(x_0) - f(x^*))
$$
.

Using  $1 - x \leq e^{-x}$ :

$$
f(x_k) - f(x^*) \le \exp\left(-\frac{k\mu}{L}\right) \left(f(x_0) - f(x^*)\right).
$$

CQFD

#### Proof : Gradient Lower Bound in Strongly Convex Functions



**Goal :** Derive the inequality :  $\|\nabla f(x_k)\|^2 > 2\mu (f(x_k) - f(x^*))$ .

- **1 Strong Convexity** :  $f(y) \ge f(x) + \nabla f(x)^T (y x) + \frac{\mu}{2} ||y x||^2$ ,  $\forall x, y$ . Substitute  $y = x^* : f(x^*) \ge f(x_k) + \nabla f(x_k)^T (x^* - x_k) + \frac{\mu}{2} ||x^* - x_k||^2$ .  $\text{Rearrange}: f(x_k) - f(x^*) \leq -\nabla f(x_k)^T (x^* - x_k) - \frac{\mu}{2} ||x^* - x_k||^2.$
- **2** Cauchy-Schwarz Inequality : Using  $-\nabla f(x_k)^T (x^* - x_k) \leq ||\nabla f(x_k)|| \cdot ||x^* - x_k||$ :  $f(x_k) - f(x^*) \le ||\nabla f(x_k)|| \cdot ||x^* - x_k|| - \frac{\mu}{2} ||x^* - x_k||^2.$
- 3 Minimize the r.h.s w.r.t  $\|x^* x_k\|$  leads to  $\|x^* x_k\| = \frac{\|\nabla f(x_k)\|}{\mu}$ .

Note : We minimize the r.h.s. to express the inequality solely in terms of the gradient norm  $\|\nabla f(x_k)\|$  and the function value gap  $f(x_k) - f(x^*)$ . This also ensures the sharpest possible lower bound (worst case) on  $\|\nabla f(x_k)\|^2$  $\textsf{Substitute : } f(x_k) - f(x^*) \leq \frac{\|\nabla f(x_k)\|^2}{2\mu}.$  $\text{Rearrange}: \|\nabla f(x_k)\|^2 > 2\mu (f(x_k) - f(x^*))$ . **Rk** : This inequality relates the gradient norm  $\|\nabla f(x_k)\|$  to the function value gap



Convergence of Gradient Descent for Smooth and Convex Functions

Theorem : For a convex and *L*-smooth function *f*, gradient descent with a step size  $\alpha=\frac{1}{L}$  satisfies :

$$
f(x_k) - f(x^*) = O\left(\frac{1}{k}\right),\,
$$

where  $x^*$  is the minimizer of  $f$ .

Proof detailed as an exercice in the TD

If *f* is only assumed to be smooth and convex, gradient descent with a constant step size  $\alpha=\frac{1}{L}$  still converges, but at a slower rate (sublinear rate).

Rather than  $O\left(e^{-\frac{k\mu}{L}}\right)$  for  $\mu$ -strong convex and  $L$ -smooth functions

### Convergence for Smooth, Convex Functions



Proof :

- **1** Smoothness Inequality : We saw  $f(x_{k+1}) \leq f(x_k) \frac{1}{2L} \|\nabla f(x_k)\|^2$ (relating function decrease togradient norm).
- 2 Convexity Inequality : From convexity,  $f(x_k) f(x^*) \leq ||\nabla f(x_k)|| \cdot ||x_k x^*||$ , bounding the gap.
- **3** Combining both : Substituting convexity bound into smoothness inequality :

$$
\underbrace{f(x_{k+1})-f(x^*)}_{\text{function gap at iteration }k+1}\leq \underbrace{f(x_k)-f(x^*)}_{\text{function gap at iteration }k}-\frac{1}{2L}\frac{(f(x_k)-f(x^*))^2}{\|x_k-x^*\|^2}.
$$

**NB** This shows that the function value gap  $f(x_k) - f(x^*)$  decreases iteratively, but the amount of decrease depends on the current gap squared  $(f(x_k) - f(x^*))^2$ , scaled by  $||x_k - x^*||^2$  the distance to the minimizer  $x^*$ .

4 Gradient Descent Reduction : Gradient descent reduces  $f(x_k) - f(x^*)$ iteratively. By iteratively applying the inequality, it can be shown that :

$$
f(x_k) - f(x^*) \leq \frac{C}{k}
$$
, (Proof detailed as an exercise in the TD)

where  $C > 0$  is a constant depending on the initial paramters gap  $\|x_0\| - x^*\|$  and the smoothness parameter *L*.



## Line Search

### Armijo Rule for Step Size Selection



#### Purpose of the Armijo Rule :

- **The Armijo rule is used to select a step size**  $\alpha_k$  **in descent methods, ensuring that** each step decreases the objective function  $f(x)$  by a sufficient amount.
- It prevents steps that are too small (which slow down convergence) or too large (which may cause divergence).

Armijo Condition :

**F** For a given descent direction  $d_k$  at  $x_k$ , the Armijo rule requires that  $\alpha_k$  satisfies :

$$
f(x_k + \alpha_k d_k) \leq f(x_k) + \sigma \alpha_k \nabla f(x_k)^T d_k,
$$

where  $0 < \sigma < 1$  is a parameter that controls the "sufficient decrease" in  $f(x)$ .

Procedure :

- Start with an initial step size  $s$  (often  $s = 1$ ).
- $\mathcal{C}^{\mathcal{C}}$ If the Armijo condition is not met, reduce  $\alpha_k$  by multiplying it with a factor  $\beta$ (with  $0 < \beta < 1$ ), and repeat until the condition holds.

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#### Pseudo Code for GD with linear search.

### Algorithm 1 Pseudo Code for GD with linear search (Armijo's condition).

(S0) Choose 
$$
x^0 \in \mathbb{R}^n
$$
,  $\sigma, \beta \in (0, 1)$ , and put  $k := 0$ .

(S1) If a convergence criterion is reached. STOP.

(S2) Put 
$$
d^k := -\nabla f(x^k)
$$
.

(S3) Determine  $\alpha_k > 0$  by

$$
\alpha_k := \max_{l \in \mathbb{N}_0} \beta^{(l)} \quad \text{s.t.} \quad f(x^k + \beta^{(l)} d^k) \le f(x^k) + \beta^{(l)} \sigma \nabla f(x^k)^T d^k.
$$

(S4) Update  $x^{k+1} := x^k + \alpha_k d^k$ (S4)  $k \leftarrow k + 1$  and go to (S1).

#### comments





week 4 : November 28, 2024.

Mid-term exam

## Gradient descent acceleration methods, Second order methods

(Newton methods including Quasi-Newton, secant, IRLS)

# Classical Momentum Method

- Momentum is used to accelerate convergence by adding an inertia effect, keeping the model from being too influenced by noisy gradients.
- **E** emphasizes the directions that persistently reduce  $f$  across iterations :

$$
v_{k+1} = \mu v_k - \alpha \nabla f(x_k)
$$
 (1)

$$
x_{k+1} = x_k + v_{k+1}
$$
 (2)

where :

- $\blacktriangleright v_k$ : *velocity* vector at iteration  $k$ : acts as a memory that accumulates the directions of reduction that were chosen in the previous *k* steps
- $\triangleright$   $\mu$  : *momentum coefficient* ∈ [0, 1] : controlling the influence of memory
- Notice that if  $\mu = 0$  we recover GD.
- **The velocity helps accumulate gradients from previous iterations, leading to** faster convergence especially in regions of smooth descent.
- By memorizing, through the velocity vector, the direction where the gradient has been consistent over the iterations, CM helps. This is also the direction where the gradient changes slowly or, equivalently, where the curvature is low



# Classical Momentum (continued)



Convergence rate of CM :

**Typically, for convex and smooth functions (not necessarily strongly convex),** Classical Momentum (CM) can achieve a convergence rate of :

$$
O\left(\frac{1}{k}\right)
$$

- This is the same rate as basic Gradient Descent (GD) for general convex functions.
- The difference is that CM can reach this rate more stably and smoothly by leveraging the momentum term *to avoid oscillations* and accelerate through flat regions.
- CM helps to "accumulate" the velocity vector from previous gradients, making the overall movement smoother. This can help in some practical scenarios, but theoretically, it doesn't necessarily improve the convergence rate beyond *O*(1*/k*).

# Nesterov's Accelerated Gradient (NAG)



- Nesterov's Accelerated Gradient (NAG), introduced in 1983.
- The update equations of NAG are :

$$
v_{k+1} = \mu v_k - \alpha \nabla f(x_k + \mu v_k)
$$
 (1\*)

$$
x_{k+1} = x_k + v_{k+1} \tag{2*}
$$

- Equations (1), (2) are identical to equations  $(1^*)$ ,  $(1^*)$  except for a single, seemingly benign, difference :
	- $\triangleright$  While the classical momentum (CM) method updates the velocity vector by inspecting the gradient at the current iterate *xk*,
	- $\triangleright$  NAG updates it by inspecting the gradient at  $x_k + \mu v_k$ .
- NAG uses a momentum-like approach to "look ahead" in the direction suggested by the velocity vector.

# (continued)



- To make an analogy :
	- $\triangleright$  While CM faithfully trusts the gradient at the current iterate, NAG puts less faith into it and looks ahead in the direction suggested by the velocity vector.
	- It then moves in the direction of the gradient at the look-ahead point.
- If  $\nabla f(x_k + \mu v_k) \approx \nabla f(x_k)$ , then the two updates are similar.
- But if not, this is an indication of curvature and the NAG update has, correctly, put less faith in the gradient.
- This small difference, compounded over the iterations, gives the two methods distinct properties, allowing NAG to adapt faster and in a more stable way than CM in many settings, particularly for higher values of  $\mu$ .
- As a result, NAG also enjoys provably faster convergence in certain settings.
- **E** Concretely, for any convex, smooth function, i.e., not necessarily strongly convex, optimally tuned NAG converges at an *O*(1*/k*<sup>2</sup>) rate, while GD converges at a rate of  $O(1/k)$ .



Convergence Rate of NAG vs GD :

- Gradient Descent (GD) : For convex and smooth functions, GD has a convergence rate of *O*(1*/k*).
	- $\triangleright$  This means that the error (in terms of how close you are to the optimal value) decreases in proportion to 1*/k* as the number of iterations *k* increases.
- Nesterov's Accelerated Gradient (NAG) : NAG is an accelerated method that, when optimally tuned, has a faster convergence rate of  $O(1/k^2)$  for convex and smooth functions.
	- $\triangleright$  This rate is significantly better than that of GD, implying that NAG reduces the error much faster as the number of iterations increases.
	- $\triangleright$  The absence of strong convexity implies that we are considering general convex functions, which do not have a strict lower bound on their curvature.